



Buckrose Carrs Benefice Newsletter October 2026

Serving

Thorpe Bassett, Rillington, Scampston, Wintringham, East & West Knapton,
East & West Heselton, Yedingham & Sherburn.

www.buckrosecarrs.org.uk

Rector's Reflection: How might we live faithfully when the future makes us anxious? (Luke 12.22-30)

At the time of reading this, we will be in the midst of Harvest season, and I'll have the joy of being present at our schools' harvest assemblies. As someone who was at the back of the queue when God was handing out artistic creativity, I am always in awe of people who worship God through their creative talents, inspired by the colours, shapes and themes around them. How appropriate, then, that this month our natural world and agricultural heritage will be at the heart of that inspiration: a fitting way to offer praise and thanksgiving to the God who gifts us all we have, and to offer something of ourselves back.

It also seems appropriate when we consider our Gospel reading. Jesus tells us not to be anxious, but that can feel difficult when the world around us gives us plenty to worry about. At the time of writing, much is being said about the dangers of Artificial Intelligence. One senior AI boss described a scenario where AI could endanger humanity as 'crossing a sacred line'. It was an interesting phrase, which made me think of the Garden of Eden: humanity reaching beyond our God-given limits in the desire to become like God.

Yet AI, like nuclear technology before it, can also be an extraordinary gift when used wisely. Human creativity can help us develop medicines, detect disease, solve engineering problems and make farming safer. The danger comes when our gifts become tools for power and ego rather than serving God's creation. Perhaps that is why anxiety can be so paralysing. When we feel powerless, we can freeze in self-doubt, or turn inward and begin competing with one another for resources.

Christian hope offers us another way. We can pray, asking God to reign in justice and mercy, lifting up the vulnerable and challenging the misuse of power. And we can remember that we are not powerless: collectively we have gifts of creativity, action, organisation and care. We can use those gifts to shape the future rather than simply fear it.

Perhaps we will not solve every problem, but we might help build international agreements that protect humanity from the worst possibilities of new technology. That, surely, would be a worthy offering of praise and thanksgiving to the God who gifts us life, creativity and this beautiful world.

Here are the details of services and events happening in the Benefice of Buckrose Carrs this coming month:

4 th October	18 th After Trinity	9.00am St Andrew's Rillington 11.00am St John's Yedingham	Common Worship Communion BCP Communion	Psalms 8-: 7-15 Matthew 21: 33-46
5 th October	All Age harvest service	6:30pm St John's Yedingham		
7 th October	Quiet Space in the Garden	4:30 -5:30pm 31 Low Moorgate Rillington	A quiet reflective time in Jo's garden in Rillington	

11 th October	19 th After Trinity	10.15am All Saints' Thorpe Bassett 6pm All Saints' Thorpe Bassett	BCP Communion Short word service Harvest Evensong	Psalm 23 Matthew 22: 1-14
18 th October	20 th After Trinity	10.15am All Saints West Heslerton	Common Worship Communion	Psalm 96: 1-13 Matthew 22: 15-22
20 th October	Harvest Festival	6:30pm St. Hilda's Sherburn		
25 th October	Last After Trinity	10.15am St. Hilda's Sherburn	Common Worship Communion	Psalm 1: 1-8 Matthew 22: 34-46

If you have any queries, please contact:

Revd Kate Mitchell – 07549 179569	Thorpe Bassett - David Harrison - 01944 768548
Scampston – Vacant	West Heslerton – Roger Sugden - 01944 728271 and Yedingham and Rob Tindall - 01944 728366
Sherburn – Richard Murray – 0783 320 6802	Rillington - Rodney Wood - 01944 758651

Prayer

We have lots of opportunities to pray as a Benefice. Monday morning prayer walks with Revd Kate have been working their way across the benefice, starting at a different Church each week. In October this will be Sherburn on 5th October meeting at 8am, then a rest for the remainder of the month.

- Tuesdays 08:45 Reflecting on the Word, Rillington,
- Wednesdays, 08:45 BCP Morning prayer Sherburn,
- Thursdays: 0845 CW Morning Prayer Rillington

Judy and Lizzie will continue to meet at 7.30am for prayer on Friday's at St Andrews. Our monthly Benefice prayer group will be on Wed 14th at 5.30pm, hosted by Jo White on Zoom and in her garden. Contact Jo at Jo@handjwhite.co.uk for more details

Walking Church

We are having a little pause whilst working out how best to take this forward, we are looking at the possibility of a change of day and at lengthening our walks going forward, so please keep an eye out for further news.

Benefice email address and Facebook page

For those who use social media we now have a Benefice wide Facebook page, just search for 'Benefice of Buckrose Carrs'. If you have anything you would like advertising online please contact rev.katemitchell@gmail.com or beneficeofbuckrosecarrs@yahoo.com

Also happening in our Benefice.....

Rillington Community Café. The Community Café takes place each Tuesday morning from 9.30 to 11.00 in Rillington Village Hall.

West Heslerton Coffee Morning. Held on the first Monday of every month, this month 7th from 10 to 11.30 am at the Village Hall. This month there is also a

Little Fishes baby and toddler group., 9-10:30am at Rillington Church rooms. Running every Monday in term time.

Across the Deanery - Deanery Quiet day, 14th October. Birdsall House.

Rillington Free Fridge. Every Thursday 10:30-11.45 at Rillington Church rooms. Part of the Community Fridge Network to help reduce food waste.

Food Bank Donations

Any tinned food donations for the foodbank can be brought to the Thorpe Bassett Harvest Evensong, these will be very much appreciated at a time when there are many people in our communities struggling. Donations can also be left at any time in the box in All Saints Thorpe Bassett porch area.